



Center's Name: Kidz Paradise LLC

Week beginning 7/31/2017 – 8/4/2017

Meal Pattern	Date:	Date:	Date:	Date:	Date:
<b>Breakfast:</b> 1% Milk - 4oz/6oz Juice/Fruit/Veg.- ¼ cup/ ½ cup Bread/Cereal- ½ sl/ ½ sl/ ¼ cup 1/3 cup  Other	milk	milk	milk	milk	milk
	Mixed Fruit	Oranges	Peaches	Cooks Choice	Oranges
	Banana/Corn Muffins	French Toast	Graham Square Cereal	Whole Grain Waffles	Whole Grain Bagels
		W/Syrup		W/ Syrup	W/Butter
<b>Lunch or Dinner</b> 1% Milk- 4oz/ 6oz  Meat/Meat Alt- 1oz/ 1½ oz. Veg. or Fruit- ¼ cup/ ½ cup Veg. or Fruit Pasta- ¼ cup/ ¼ cup Bread- ½ sl / ½ sl	milk	milk	milk	milk	milk
	Pasta W/ Beef Crumbles & Red Sauce	Meatloaf	CN Pizza	Turkey Hotdogs	Mac N Cheese W/Beef Crumbles
	Green Beans	Corn	Mixed Veggies	Broccoli	Carrots
	Peaches	Applesauce	Oranges	Mixed Fruit	Cooks Choice
	WG Elbow Pasta	Brown Rice	Pizza Crust	WW Bread	WG Elbow Pasta
		Water	Milk		Milk
<b>PM Snack:</b> * (select 2 items) 1% Milk- 4oz/ 4oz Meat/Meat Alt.- ½ oz/ ½ oz Juice/Fruit/Veg. ½ cup/½ cup Bread/Cereal- ½ sl/ ½ sl		Cheese Slices			
	Apple Juice			Apple Juice	
	Whole Grain Goldfish Crackers	Whole Wheat Crackers	Cheese-Its	Pretzel Rods	Vanilla Wafers

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed.



Center's Name: Kidz Paradise LLC

Week beginning 8/7/2017 – 8/11/2017

Meal Pattern	Date:	Date:	Date:	Date:	Date:
<b>Breakfast:</b> 1% Milk - 4oz/6oz Juice/Fruit/Veg.- ¼ cup/ ½ cup Bread/Cereal- ½ sl/ ½ sl/ ¼ cup 1/3 cup Other	milk	milk	milk	milk	milk
	Oranges	Strawberries	Oranges	Mixed Fruit	Apples
	Kix Cereal	Whole Grain Pancakes	Corn Muffins	Whole Grain Bagels	Graham Square Cereal
		W/Syrup		W/Butter	
<b>Lunch or Dinner</b> 1% Milk- 4oz/ 6oz Meat/Meat Alt- 1oz/ 1½ oz. Veg. or Fruit- ¼ cup/ ½ cup Veg. or Fruit Pasta- ¼ cup/ ¼ cup Bread- ½ sl / ½ sl	milk	milk	milk	milk	milk
	Beef Patties	Chicken Nuggets	Grilled Cheese	Turkey Sausage	CN Ravioli
	Green Beans	Broccoli	Corn	Tator Tots	Peas
	Applesauce	Mixed Fruit WG Butter	Peaches	Oranges	Cooks Choice
	Brown rice	Noodles	WW Bread	French Toast	Ravioli Noodles
<b>PM Snack:</b> * (select 2 items) 1% Milk- 4oz/ 4oz Meat/Meat Alt.- ½ oz/ ½ oz Juice/Fruit/Veg. ½ cup/½ cup Bread/Cereal- ½ sl/ ½ sl	Milk	Water			Water
				Cheese Slices	
		Apples	Apple Juice		Oranges
	Animal Crackers	Whole Grain Goldfish Crackers	Pretzel Rods	Whole Wheat Crackers	Vanilla Wafers

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed.



Center's Name: Kidz Paradise LLC

Week beginning 8/14/2017 – 8/18/2017

Meal Pattern	Date:	Date:	Date:	Date:	Date:
<b>Breakfast:</b> 1% Milk - 4oz/6oz Juice/Fruit/Veg.- ¼ cup/ ½ cup Bread/Cereal- ½ sl/ ½ sl/ ¼ cup 1/3 cup  Other	milk	milk	milk	milk	milk
	Oranges	Peaches	Strawberries	Cooks Choice	Mixed Fruit
	Corn Muffins	Graham Squares Cereal	Whole Grain Pancakes	Kix Cereal	Whole Grain Waffles
			W/Syrup		W/Syrup
<b>Lunch or Dinner</b> 1% Milk- 4oz/ 6oz  Meat/Meat Alt- 1oz/ 1½ oz. Veg. or Fruit- ¼ cup/ ½ cup Veg. or Fruit Pasta- ¼ cup/ ¼ cup  Bread- ½ sl / ½ sl	milk	milk	milk	milk	milk
	CN Pizza	Pasta W/ Beef Crumbles & Red Sauce	Turkey Hot Dogs	Meatloaf	Chicken Nuggets
	Carrots	Mixed Veggies	Peas	Corn	Green Beans
	Mixed Fruit	Oranges	Applesauce	Peaches	Cooks Choice
	Pizza Crust	WG Elbow Noodles	Brown Rice	WW Bread	WG Butter Noodles
<b>PM Snack:</b> * (select 2 items) 1% Milk- 4oz/ 4oz Meat/Meat Alt.- ½ oz/ ½ oz Juice/Fruit/Veg. ½ cup/½ cup Bread/Cereal- ½ sl/ ½ sl	Milk		Water		Water
				Cheese Slices	
		Apple Juice	Oranges		Apple Juice
	Graham Crackers	Cheese-Its	Animal Crackers	Pretzel Rods	Cooks Choice

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed.



Center's Name: Kidz Paradise LLC

Week beginning 8/21/2017 – 8/25/2017

Meal Pattern	Date:	Date:	Date:	Date:	Date:
<b>Breakfast:</b> 1% Milk - 4oz/6oz Juice/Fruit/Veg.- ¼ cup/ ½ cup Bread/Cereal- ½ sl/ ½ sl/ ¼ cup 1/3 cup Other	milk	milk	milk	milk	milk
	Bananas	Apples	Bananas	Strawberries	Cooks Choice
	French Toast	Graham Squares Cereal	Whole Grain Bagels	Kix Cereal	Corn Muffins
	W/Syrup		W/Butter		
<b>Lunch or Dinner</b> 1% Milk- 4oz/ 6oz Meat/Meat Alt- 1oz/ 1½ oz. Veg. or Fruit- ¼ cup/ ½ cup Veg. or Fruit Pasta- ¼ cup/ ¼ cup Bread- ½ sl / ½ sl	milk	milk	milk	milk	milk
	Mac N Cheese W/Beef Crumbles	Grilled Cheese	Turkey Sausage	CN Ravioli	Beef Patty
	Broccoli	Green Beans	Tator Tots	Mixed Veggies	Corn
	Oranges WG Elbow Noodles	Peaches	Mixed Fruit	Applesauce	Cooks Choice
		WW Bread	French Toast	Ravioli Noodles	Brown Rice
<b>PM Snack:</b> * (select 2 items) 1% Milk- 4oz/ 4oz Meat/Meat Alt.- ½ oz/ ½ oz Juice/Fruit/Veg. ½ cup/½ cup Bread/Cereal- ½ sl/ ½ sl	Water	Milk		Water	
	Cheese Sticks			Yogurt	
			Apple Juice	Bananas	Cooks Choice
	Whole Wheat Crackers	Vanilla Wafers	Cheese-Its		Whole Grain Goldfish Crackers

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed.



Center's Name: Kidz Paradise LL

Week beginning 8/28/2017 – 9/1/2017

Meal Pattern	Date:	Date:	Date:	Date:	Date:
<b>Breakfast:</b> 1% Milk - 4oz/6oz Juice/Fruit/Veg.- ¼ cup/ ½ cup Bread/Cereal- ½ sl/ ½ sl/ ¼ cup 1/3 cup Other	milk	milk	milk	milk	milk
	Bananas	Apples	Strawberries	Peaches	Cooks Choice
	Whole Grain Pancakes	Corn Muffins	Whole Grain Waffles	Graham Squares Cereal	Kix Cereal
	W/Syrup		W/Syrup		
<b>Lunch or Dinner</b> 1% Milk- 4oz/ 6oz  Meat/Meat Alt- 1oz/ 1½ oz. Veg. or Fruit- ¼ cup/ ½ cup Veg. or Fruit Pasta- ¼ cup/ ¼ cup  Bread- ½ sl / ½ sl	milk	milk	milk	milk	milk
	Chicken Nuggets	Meatloaf	CN Pizza	Pasta W/ Beef Crumbles & Red Sauce	Turkey Hot Dogs
	Tator Tots	Green Beans	Corn	Peas	Carrots
	Applesauce	Bananas	Cooks Choice	Peaches	Mixed Fruit
	Brown Rice	WW Bread	Pizza Crut	WG Elbow Noodles	Brown Rice
<b>PM Snack:</b> * (select 2 items) 1% Milk- 4oz/ 4oz Meat/Meat Alt.- ½ oz/ ½ oz Juice/Fruit/Veg. ½ cup/½ cup Bread/Cereal- ½ sl/ ½ sl	Water	Milk	Water	Wter	Water
	Yogurt			Cheese Sticks	
	Strawberries		Bananas		Apples
		Graham Crackers	Whole Wheat Crackers	Pretzel Rods	Whole Grain Goldfish Crackers

\*Snack only.... Items *must be* from two (2) different 'food component' groups. In addition, if Milk is selected for one snack component - no Fruit/Veg. juice is allowed.