

## *Kidz Paradise Childcare Infant Menu*

Child : \_\_\_\_\_

Dates: \_\_\_\_\_

Meal Pattern	Ages	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b>	<b>Birth-5 months</b> 4-6 Fluid Ounces of breastmilk or formula					
	<b>6-11 months</b> 6-8 Fluid Ounces of breastmilk or formula					
	0-4 tablespoons infant cereal, meat, cheese or meat alt.					
	0-2 tablespoons veg. or fruit					
<b>Lunch:</b>	<b>Birth-5 months</b> 4-6 Fluid Ounces of breastmilk or formula					
	<b>6-11 months</b> 6-8 Fluid Ounces of breastmilk or formula					
	0-4 tablespoons infant cereal, meat, cheese or meat alt.					
	0-2 tablespoons veg. or fruit					
<b>PM Snack:</b>	<b>Birth-5 months</b> 4-6 Fluid Ounces of breastmilk or formula					
	<b>6-11 months</b> 2-4 Fluid Ounces of breastmilk or formula					
	0-4 tablespoons infant cereal, crackers or bread					
	0-2 tablespoons veg or fruit					

Food options: Similac Advance Formula, Gerber Rice Cereal, Stage 2 Gerber Baby Foods: Apples, Pears, Bananas, Peaches, Carrots, Butternut Squash, Sweet Potatoes, Green Beans, Peas, Chicken, Beef, and Turkey

*Effective October 2017*

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