



**Dates:** October 2<sup>nd</sup> -6<sup>th</sup>, 2017

<b>Meal Pattern</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast:</b> Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Bananas	Strawberries	Bananas	Oranges	Cooks Choice
Bread/Grain	Kix Cereal	WG Waffles	WG Pancakes	Corn Muffins	WG Bagels
Other			Syrup		Butter
<b>Lunch:</b> Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	CN Pizza	CN Chicken Nuggets	Mac & Cheese W Beef Crumbles	Beef Patties	Turkey Sausage
Juice/Fruit/Veg.	Corn	Carrots	Green Beans	Broccoli	Tator Tots
Juice/Fruit/Veg.	Applesauce	Peaches	Oranges	Mixed Fruit	Pears
Bread/Grain	WG Pizza Crust	WG Bread	WG Elbow Noodles	WG Bread	WG French Toast
<b>PM Snack:</b> * (select 2 items) Milk	Milk		Milk	Water	
Meat/Meat Alt.				Cheese Slices	
Juice/Fruit/Veg.		Apple Juice			Apple Juice
Bread/Grain	WG Goldfish	WG Crackers	Cheese-its	WG Pretzels	Graham Crackers

\*Snack only: Items *must be* from two (2) different 'food component' groups. If milk is selected f as a snack component no juice is allowed. If no milk or juice is served then water must be offered. Milk must be whole milk for children 12 through 23 months; 1% or fat free for children 2 years of age and older.



**Dates:** October 9<sup>th</sup> – 13<sup>th</sup>, 2017

<b>Meal Pattern</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast:</b> Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Bananas	Applesauce	Bananas	Strawberries	Bananas
Bread/Grain	Kix Cereal	WG Waffles	Cheerios	WG Pancakes	Corn Muffins
Other		Syrup		Syrup	Butter
<b>Lunch:</b> Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Turkey Hot Dogs	Pasta W Red Sauce & Beef Crumbles	Meatloaf	Fish Sticks	Grilled Cheese
Juice/Fruit/Veg.	Mixed Veggies	Green Beans	Peas	Carrots	Corn
Juice/Fruit/Veg.	Oranges	Mixed Fruit	Peaches	Applesauce	Cooks Choice
Bread/Grain	WG Bread	WG Elbow Noodles	WG Bread	Brown Rice	WG Bread
<b>PM Snack:</b> * (select 2 items) Milk	Water	Milk		Water	
Meat/Meat Alt.	Cheese Slices			Yogurt	
Juice/Fruit/Veg.			Apple Juice	Mixed Fruit	Apple Juice
Bread/Grain	WG Crackers	Cheese-its	WG Pretzels		WG Tortilla Chips & Salsa

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**Dates:** October 16<sup>th</sup> – 20<sup>th</sup>, 2017

<b>Meal Pattern</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast:</b> Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Oranges	Bananas	Strawberries	Bananas	Cooks Choice
Bread/Grain	Cheerios	WG Waffles	Kix Cereal	WG Pancakes	WG Bagels
Other		Syrup		Syrup	Butter
<b>Lunch:</b> Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Turkey Sausage	Chicken Nuggets	Beef Patties	CN Pizza	Mac & Cheese W Beef Crumbles
Juice/Fruit/Veg.	Tator Tots	Broccoli	Green Beans	Mixed Veggies	Peas
Juice/Fruit/Veg.	Mixed Fruit	Pears	Applesauce	Peaches	Oranges
Bread/Grain	WG French Toast	Brown Rice	WG Bread	WG Pizza Crust	WG Elbow Noodles
<b>PM Snack:</b> * (select 2 items) Milk		Milk		Milk	Water
Meat/Meat Alt.	Cheese Slices				Yogurt
Juice/Fruit/Veg.			Apple Juice		Cooks Choice Fruit
Bread/Grain	WG Pretzels	WG Tortilla Chips & Salsa	WG Goldfish	Graham Crackers	

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**Dates:**

October 23<sup>rd</sup> – 27<sup>th</sup>, 2017

<b>Meal Pattern</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast:</b> Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Bananas	Strawberries	Bananas	Oranges	Bananas
Bread/Grain	Kix Cereal	WG Waffles	Cheerios	WG Pancakes	Corn Muffins
Other		Syrup		Syrup	
<b>Lunch:</b> Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Meatloaf	Fish Sticks	Pasta W Red Sauce & Beef Crumbles	Grilled Cheese	Chicken Nuggets
Juice/Fruit/Veg.	Green Beans	Carrots	Peas	Mixed Veggies	Corn
Juice/Fruit/Veg.	Applesauce	Peaches	Pears	Mixed Fruit	Oranges
Bread/Grain	WG Bread	Brown Rice	WG Elbow Noodles	WG Bread	WG Elbow Noodles
<b>PM Snack:</b> * (select 2 items) Milk	Milk				
Meat/Meat Alt.			Cheese Slices		
Juice/Fruit/Veg.		Apple Juice		Apple Juice	Cooks Choice Fruit
Bread/Grain	WG Tortilla Chips & Salsa	WG Goldfish	WG Pretzels	Cheese-its	WG Crackers

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