



**Dates:** July 2<sup>nd</sup> -6<sup>th</sup>, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk	Milk	Milk		Milk	Milk
Juice/Fruit/Veg.	Mixed Fruit	Oranges		Applesauce	Oranges
Bread/Grain	Kix Cereal	WG Waffles		Corn Muffins	WG Pancakes
Other		Syrup			Syrup
<b>Lunch:</b> Milk	Milk	Milk		Milk	Milk
Meat/Meat Alt.	Turkey Hot Dogs	Chicken Nuggets		Beef Patties	Rice w/Red Sauce & Beef Crumbles
Juice/Fruit/Veg.	Green Beans	Carrots		Peas	Corn
Juice/Fruit/Veg.	Peaches	Applesauce		Mixed Fruit	Peaches
Bread/Grain	WG Bread	WG Bread		Brown Rice	WG Elbow Noodles
<b>PM Snack:</b> * (select 2 items) Milk		Milk			
Meat/Meat Alt.					
Juice/Fruit/Veg.	Apple Juice			Apple Juice	Apple Juice
Bread/Grain	WG Cracker	Goldfish		WG Goldfish	Graham Crackers

\*Snack only: Items *must be* from two (2) different 'food component' groups. If milk is selected f as a snack component no juice is allowed. If no milk or juice is served then water must be offered. Milk must be whole milk for children 12 through 23 months; 1% or fat free for children 2 years of age and older.



**Dates:** July 9<sup>th</sup> – 13<sup>th</sup>, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Peaches	Applesauce	Oranges	Strawberries	Bananas
Bread/Grain	Kix Cereal	WG Waffles	Cheerios	WG Pancakes	Corn Muffins
Other		Syrup		Syrup	
<b>Lunch:</b> Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Chicken Nuggets	Mac & Cheese W/Beef Crumbles	Grilled Cheese	Turkey Sausage	Meatloaf
Juice/Fruit/Veg.	Mixed Veggies	Green Beans	Peas	Tater tots	Corn
Juice/Fruit/Veg.	Oranges	Mixed Fruit	Peaches	Applesauce	Cooks Choice
Bread/Grain	WG Bread	WG Elbow Noodles	WG Bread	WG French Toast	WG Bread
<b>PM Snack:</b> * (select 2 items) Milk	Water	Milk			Water
Meat/Meat Alt.	Cheese Slices				
Juice/Fruit/Veg.			Apple Juice	Apple Juice	Oranges
Bread/Grain	WG Crackers	Cheese-its	WG Pretzels	WG Tortilla Chips & Salsa	WG Goldfish

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**Dates:** July 16<sup>th</sup> – 20<sup>th</sup>, 2018

<b>Meal Pattern</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast:</b> Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Strawberries	Bananas	Oranges	Bananas	Cooks Choice
Bread/Grain	Kix Cereal	WG Waffles	Cheerios	WG Pancakes	WG Bagels
Other		Syrup		Syrup	Butter
<b>Lunch:</b> Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Beef Patties	Chicken Nuggets	Meatloaf	CN Pizza	Mac & Cheese W Beef Crumbles
Juice/Fruit/Veg.	Green Beans	Broccoli	Carrots	Mixed Veggies	Peas
Juice/Fruit/Veg.	Applesauce	Peaches	Mixed Fruit	Peaches	Oranges
Bread/Grain	WG Bread	Brown Rice	WG Elbow Noodles	WG Pizza Crust	WG Elbow Noodles
<b>PM Snack:</b> * (select 2 items) Milk		Milk		Milk	Water
Meat/Meat Alt.					Yogurt
Juice/Fruit/Veg.	Apple Juice		Apple Juice		Cooks Choice Fruit
Bread/Grain	WG Pretzels	WG Tortilla Chips & Salsa	WG Goldfish	Graham Crackers	

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**Dates:**

July 23<sup>rd</sup> – 27<sup>th</sup>, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Bananas	Oranges	Bananas	Oranges	Peaches
Bread/Grain	Kix Cereal	WG Waffles	WG Pancakes	Corn Muffins	WG Bagels
Other			Syrup		Butter
<b>Lunch:</b> Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	CN Pizza	CN Chicken Nuggets	Mac & Cheese W Beef Crumbles	Beef Patties	Turkey Sausage
Juice/Fruit/Veg.	Corn	Carrots	Green Beans	Broccoli	Tator Tots
Juice/Fruit/Veg.	Applesauce	Peaches	Oranges	Mixed Fruit	Cooks Choice
Bread/Grain	WG Pizza Crust	WG Bread	WG Elbow Noodles	WG Bread	WG French Toast
<b>PM Snack:</b> * (select 2 items) Milk	Milk		Milk	Water	
Meat/Meat Alt.				Cheese Slices	
Juice/Fruit/Veg.		Apple Juice			Apple Juice
Bread/Grain	WG Goldfish	WG Crackers	Cheese-its	WG Pretzels	Graham Crackers

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**Dates:** July 30<sup>th</sup> – Aug 3<sup>rd</sup>, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b> Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Oranges	Strawberries	Bananas	Mixed Fruit	Oranges
Bread/Grain		Corn Muffins	WG Waffles	Cheerios	WG Pancakes
Other			Syrup		Syrup
<b>Lunch:</b> Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	CN Pizza	Fish Sticks	Beef Patties	Turkey Hot Dogs	Rice w/Red Sauce & Beef Crumbles
Juice/Fruit/Veg.	Carrots	Green Beans	Mixed Veggies	Broccoli	Corn
Juice/Fruit/Veg.	Peaches	Bananas	Oranges	Mixed Fruit	Cooks Choice
Bread/Grain	WG Crust	Brown Rice	WG Noodles	Brown Rice	WG Elbow Noodles
<b>PM Snack:</b> * (select 2 items) Milk	Milk	Water			
Meat/Meat Alt.			Cheese Slices		
Juice/Fruit/Veg.		Apples		Apple Juice	Apple Juice
Bread/Grain	Graham Crackers	WG Pretzels	WG Crackers	WG Goldfish	WG Tortilla Chips w/ Salsa

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