



Dates: September 10th – 14th, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Oranges	Applesauce	Mxed Fruit	Applesauce	Oranges
Bread/Grain	Cheerios	WG Bagels	Waffles	WG Pancakes	Cheerios
Other		Butter	Syrup		
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Turkey Sausage	Beef Patties	CN Chicken Nuggets	Turkey Hot Dogs	Pizza
Juice/Fruit/Veg.	Tator Tots	Mixed Veggies	Peas	Peas	Corn
Juice/Fruit/Veg.	Peaches	Mixed Fruit	Peaches	Peaches	Peaches
Bread/Grain	WG French Toast	WG Noodles	WG Bread	Mac&Cheese w/WG Noodles	
PM Snack: * (select 2 items) Milk		Milk		Water	Cook Choice
Meat/Meat Alt.				Cheese Slices	Snack
Juice/Fruit/Veg.	Apple Juice		Apple Juice		
Bread/Grain	Tortilla Chips and Salsa	Graham Crackers	Cheese-Its	WG Crackers	

*Snack only: Items *must be* from two (2) different 'food component' groups. If milk is selected f as a snack component no juice is allowed. If no milk or juice is served then water must be offered. Milk must be whole milk for children 12 through 23 months; 1% or fat free for children 2 years of age and older.



Dates: September 17th – 21st, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Peaches	Applesauce	Oranges	Strawberries	Bananas
Bread/Grain	Kix Cereal	WG Waffles	WG Bagels	Cheerios	Blueberry Muffins
Other		Syrup	Butter		
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Fish Sticks	Meatballs	Grilled Cheese	Turkey Sausage	Meatloaf
Juice/Fruit/Veg.	Mixed Veggies	Green Beans	Peas	Tater tots	Corn
Juice/Fruit/Veg.	Oranges	Mixed Fruit	Peaches	Applesauce	Cooks Choice
Bread/Grain	WG Bread	Pasta W/Red Sauce & WG Noodles	WG Bread	WG French Toast	WG Bread
PM Snack: * (select 2 items) Milk	Water	Milk			Water
Meat/Meat Alt.	Cheese Slices				
Juice/Fruit/Veg.			Apple Juice	Apple Juice	Oranges
Bread/Grain	WG Crackers	Cheese-its	WG Pretzels	WG Tortilla Chips & Salsa	WG Goldfish

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Dates: September 24th – 28th, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Strawberries	Bananas	Oranges	Bananas	Cooks Choice
Bread/Grain	Kix Cereal	WG Waffles	Cheerios	WG Pancakes	WG Bagels
Other		Syrup		Syrup	Butter
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Beef Patties	Chicken Nuggets	Meatloaf	CN Pizza	Fish Sticks
Juice/Fruit/Veg.	Green Beans	Broccoli	Carrots	Mixed Veggies	Peas
Juice/Fruit/Veg.	Applesauce	Peaches	Mixed Fruit	Peaches	Oranges
Bread/Grain	WG Bread	Brown Rice	WG Elbow Noodles	WG Pizza Crust	Mac n Cheese W/WG Elbow Noodles
PM Snack: * (select 2 items) Milk		Milk		Milk	Water
Meat/Meat Alt.					Yogurt
Juice/Fruit/Veg.	Apple Juice		Apple Juice		Cooks Choice Fruit
Bread/Grain	WG Pretzels	WG Tortilla Chips & Salsa	WG Goldfish	Graham Crackers	

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Dates: October 1st – 5th, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Bananas	Oranges	Bananas	Oranges	Peaches
Bread/Grain	Kix Cereal	WG Waffles	WG Pancakes	Corn Muffins	WG Bagels
Other			Syrup		Butter
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	CN Pizza	CN Chicken Nuggets	Meat Balls	Beef Patties	Turkey Sausage
Juice/Fruit/Veg.	Corn	Carrots	Green Beans	Broccoli	Tator Tots
Juice/Fruit/Veg.	Applesauce	Peaches	Oranges	Mixed Fruit	Cooks Choice
Bread/Grain	WG Pizza Crust	WG Bread	Pasta W/Red Sauce & WG Noodles	WG Bread	WG French Toast
PM Snack: * (select 2 items) Milk	Milk		Milk	Water	
Meat/Meat Alt.				Cheese Slices	
Juice/Fruit/Veg.		Apple Juice			Apple Juice
Bread/Grain	WG Goldfish	WG Crackers	Cheese-its	WG Pretzels	Graham Crackers

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Dates: October 8th – 12th, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Oranges	Strawberries	Bananas	Mixed Fruit	Oranges
Bread/Grain		Corn Muffins	WG Waffles	Cheerios	WG Pancakes
Other			Syrup		Syrup
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	CN Pizza	Fish Sticks	Beef Patties	Turkey Hot Dogs	Meatloaf
Juice/Fruit/Veg.	Carrots	Green Beans	Mixed Veggies	Broccoli	Corn
Juice/Fruit/Veg.	Peaches	Bananas	Oranges	Mixed Fruit	Cooks Choice
Bread/Grain	WG Crust	Brown Rice	WG Noodles	Brown Rice	WG Elbow Noodles
PM Snack: * (select 2 items) Milk	Milk	Water			
Meat/Meat Alt.			Cheese Slices		
Juice/Fruit/Veg.		Apples		Apple Juice	Apple Juice
Bread/Grain	Graham Crackers	WG Pretzels	WG Crackers	WG Goldfish	WG Tortilla Chips w/ Salsa

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Dates: October 15th – 19th, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Oranges	Applesauce	Mxed Fruit	Applesauce	Oranges
Bread/Grain	Cheerios	WG Bagels	Waffles	WG Pancakes	Cheerios
Other		Butter	Syrup		
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Turkey Sausage	Beef Patties	CN Chicken Nuggets	Turkey Hot Dogs	Pizza
Juice/Fruit/Veg.	Tator Tots	Mixed Veggies	Peas	Peas	Corn
Juice/Fruit/Veg.	Peaches	Mixed Fruit	Peaches	Peaches	Peaches
Bread/Grain	WG French Toast	WG Noodles	WG Bread	Mac&Cheese w/WG Noodles	
PM Snack: * (select 2 items) Milk		Milk		Water	Cook Choice
Meat/Meat Alt.				Cheese Slices	Snack
Juice/Fruit/Veg.	Apple Juice		Apple Juice		
Bread/Grain	Tortilla Chips and Salsa	Graham Crackers	Cheese-Its	WG Crackers	

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Dates:

October 22nd – 26th, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk Juice/Fruit/Veg. Bread/Grain Other	Milk	Milk	Milk	Milk	Milk
	Peaches	Applesauce	Oranges	Strawberries	Bananas
	Kix Cereal	WG Waffles	WG Bagels	Cheerios	Blueberry Muffins
		Syrup	Butter		
Lunch: Milk Meat/Meat Alt. Juice/Fruit/Veg. Juice/Fruit/Veg. Bread/Grain	Milk	Milk	Milk	Milk	Milk
	Fish Sticks	Meatballs	Grilled Cheese	Turkey Sausage	Meatloaf
	Mixed Veggies	Green Beans	Peas	Tater tots	Corn
	Oranges	Mixed Fruit	Peaches	Applesauce	Cooks Choice
		Pasta W/Red Sauce & WG Noodles		WG French Toast	
	WG Bread		WG Bread		WG Bread
PM Snack: * (select 2 items) Milk Meat/Meat Alt. Juice/Fruit/Veg. Bread/Grain	Water	Milk			Water
	Cheese Slices				
			Apple Juice	Apple Juice	Oranges
	WG Crackers	Cheese-its	WG Pretzels	WG Tortilla Chips & Salsa	WG Goldfish

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Dates: October 29th – November 2nd, 2018

Meal Pattern	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Milk	Milk	Milk	Milk	Milk	Milk
Juice/Fruit/Veg.	Strawberries	Bananas	Oranges	Bananas	Cooks Choice
Bread/Grain	Kix Cereal	WG Waffles	Cheerios	WG Pancakes	WG Bagels
Other		Syrup		Syrup	Butter
Lunch: Milk	Milk	Milk	Milk	Milk	Milk
Meat/Meat Alt.	Beef Patties	Chicken Nuggets	Meatloaf	CN Pizza	Fish Sticks
Juice/Fruit/Veg.	Green Beans	Broccoli	Carrots	Mixed Veggies	Peas
Juice/Fruit/Veg.	Applesauce	Peaches	Mixed Fruit	Peaches	Oranges
Bread/Grain	WG Bread	Brown Rice	WG Elbow Noodles	WG Pizza Crust	Mac n Cheese W/WG Elbow Noodles
PM Snack: * (select 2 items) Milk		Milk		Milk	Water
Meat/Meat Alt.					Yogurt
Juice/Fruit/Veg.	Apple Juice		Apple Juice		Cooks Choice Fruit
Bread/Grain	WG Pretzels	WG Tortilla Chips & Salsa	WG Goldfish	Graham Crackers	

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